Child Care & Your Family

Ready to Return to Work? Let’s head back to Child Care!

Is My Family Ready?
How is everyone feeling? Healthy? Good! As you return to work and child care, be sure to keep tabs on your family’s day-to-day health. Check VA Dept. of Health for COVID facts for your area.

Is Child Care Open?
Yes! Many programs are open for business. Child care educators are dedicated to helping children play, learn, and grow, safely. Contact your existing provider for updates, or visit Finding Child Care or https://vachildcare.com/ to look for programs and get tips for picking the right program for your little learner. Or speak with a specialist at Child Care Aware of VA at 1-866-KIDS-TLC.

Is It Safe?
In VA, as of July 7, 2020, children 0 to 10 years account for only 3% of all cases, 1% of hospitalizations, and zero deaths. Child care providers are protecting children’s health by:

- Teaching small groups
- Social distancing
- Lots of outdoor play
- New classroom arrangements
- Frequently disinfecting surfaces
- Taking temperatures
- Asking parents not to enter the building
- Wearing masks
- Individual play
- New entry and exit procedures
- Lunch and snack in the classroom
- Frequent sanitization of toys
- Monitoring children’s health

Hey Kiddo, Let’s Talk!
Chances are your child is excited to return to care! Let your child know that some things will be different, for example, drop-off and pick-up, getting your temperature taken, washing hands even more than usual, and wearing a mask. Check out the kid’s ebook We’re Going to be OK! What are your child’s questions?

Stay Safe, Happy & Healthy
Need to talk it through? Call your child care provider and have a heart-to-heart, or contact your health care provider to ask questions. And remember, child care is ALL about kids—helping them learn, laugh and grow!

More questions? More information!