

Child Care & Your Family

Ready to Return to Work? Let's head back to Child Care!

Thank you FRIENDS
Association for Children in
Richmond, VA, for the photos!



Is My Family Ready?

How is everyone feeling? Healthy? Good! As you return to work and child care, be sure to keep tabs on your family's day-to-day health. Check [VA Dept. of Health](#) for COVID facts for your area.



Is Child Care Open?

Yes! Many programs are open for business. Child care educators are dedicated to helping children play, learn, and grow, **safely**. Contact your existing provider for updates, or visit [Finding Child Care](#) or <https://vachildcare.com/> to look for programs and get tips for picking the right program for your little learner. Or speak with a specialist at Child Care Aware of VA at **1-866-KIDS-TLC**.



Is It Safe?

In VA, as of July 7, 2020, children 0 to 10 years account for only 3% of all cases, 1% of hospitalizations, and zero deaths. Child care providers are protecting children's health by:

- Teaching small groups
- Social distancing
- Lots of outdoor play
- New classroom arrangements
- Frequently disinfecting surfaces
- Taking temperatures
- Asking parents not to enter the building
- Wearing masks
- Individual play
- New entry and exit procedures
- Lunch and snack in the classroom
- Frequent sanitization of toys
- Monitoring children's health



Hey Kiddo, Let's Talk!

Chances are your child is excited to return to care! Let your child know that some things will be different, for example, drop-off and pick-up, getting your temperature taken, washing hands even more than usual, and wearing a mask. Check out the kid's ebook [We're Going to be OK!](#) What are your child's questions?



Stay Safe, Happy & Healthy

Need to talk it through? Call your child care provider and have a heart-to-heart, or contact your health care provider to ask questions. And remember, child care is **ALL about kids**—helping them learn, laugh and grow!



Bears need masks, too!



Lunch. At a distance.



How about a self-hug?

More questions? More information!

ChildCareVA.com